



**GREEN LEAGUE**  
Sport Alliance for the Environment

**GREEN**

**ZINES**

**AIR**



# BREATH PILATES



Μαζί με μαδουτές/ριες στο  
το Γυμνασίο Πατοριών κάναμε  
πιδάτες και μαδάρε  
για την αιώμ. (1)

## CYPRUS, NICOSIA

### Air Element

could be distracting. It is  
ed to be a bit careful in  
mirror, as it is a delicate  
camera. After the  
ble lens is removed, the

impor...  
curtain itself, as the snutter in most  
cameras is a very delicate and  
expensive gadget to be repaired.  
Whilst on the checking out the





"Βρήκαμε πολλά σκουπίδια  
στο σχολείο μας και σκεφτήκαμε  
τι μπορούμε να το κάνουμε εκτός από το  
να μεταφέρουμε ή να τα ανακυκλώσουμε" (2)



sons. Pour ériger ce...  
Modiano, nappée de surréalisme, ancrée dans les fris-  
venue caresser l'espace. Il en expire une atmosphère à la  
place au dépouillement ! La patte Martin Margiela est  
ses moquettes extravagantes, ses accumulations, ses d  
rée. Après le feu d'artifice Christian Lacroix, ses d  
convés à témoigner de ce que nous avons, r  
nimbe l'enfilic  
qu'on lâche  
es et de





"Βρήκαμε αποσιγара, χαρτιά φαγητά.  
Αλλά και ένα κλαδάκι που όμως ήταν  
καρφι και έγινε ένα με την φίση. Δεν καταλάβαμε  
στην αρχή πως ήταν καρφι". (3)

# Au-delà du décor, une performance artistique

son Martin Margiela ont pioché dans le sac à triple fond du créateur. La blancheur, bien sûr, est au rendez-vous, comme autant de reminiscences des lumières du Nord dont Margiela est issu.



Cette évanescence, ces év...



du cœur  
manière  
Les co  
tendé





# CYPRUS LIMASSOL

*air element*

"Περάσαμε την  
μέρα μας στη  
Λεμεσό μαζί με ένα  
ιδιαίτερο αίσθημα,  
το τσιγκόνγκ." (4)





sous les tre



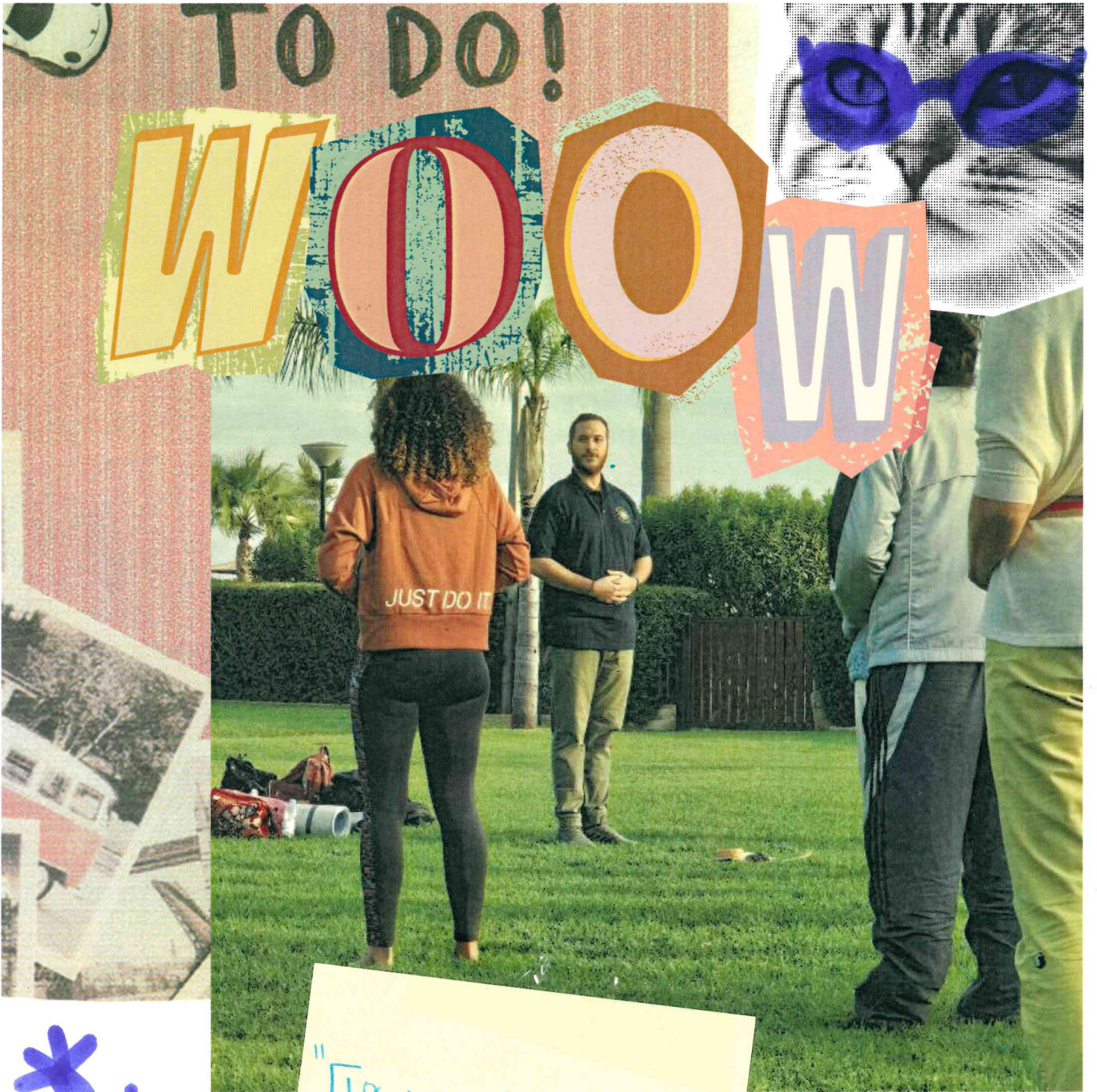
Άσπε  
μες σ  
που 'χε  
και βα

Σώμα π  
κι έχει  
μες στο  
τον κο  
με τη σ  
χάραξε

Σαν τ







"Για να κάνεις το  
τουρκουκ πρέπει να είσαι  
στη φύση και ήταν  
μια υπέροχη εμπειρία!"  
(5)



Together with students from the gymnasium of Latsia we did pilates and learned about nature. (1)

"We found a lot of rubbish in our school and thought about what we can do with it besides throwing it away or recycling it" (2)

"We found cigarette butts, food wrappers. But also a small stick that was a nail and became one with nature. We didn't realize at first that it was a nail" (3)

We spent the day in Limassol together with a special sport, qigong. (4)

"To do qigong, you have to be in nature and it was a wonderful experience" (5)





Ελλάδα, Αθήνα

Στοιχείο Αέρας

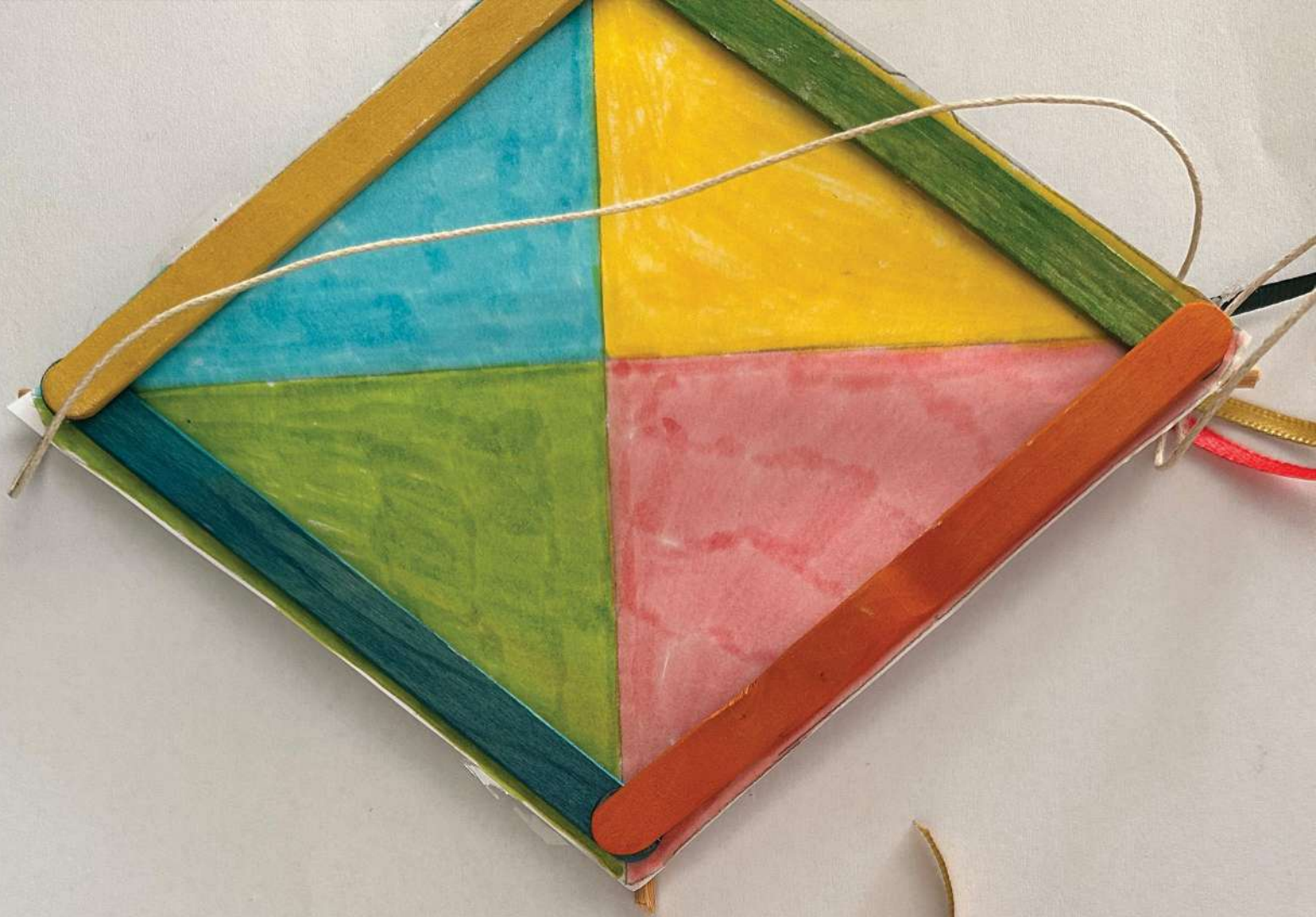




ΟΧΙ ΣΚΟΥΠΙΔΙΑ  
ΣΤΙΣ ΘΑΛΑΣΣΕΣ  
ΚΑΙ ΤΙΣ ΑΚΤΕΣ  
ΤΗΣ ΕΛΛΑΔΑΣ











Το οξυγόνο το έχουμε δεδομένο,  
γι' αυτό δε μας απασχολεί.  
Πόσο λάθος!

Τραμπουντάνα, Σιρόκος, Λεβάντες,  
'Οστρια & Γαρυπής.  
Δεν ακούγεται ποιητικό;

Υπάρχει κάτι πιο πολύτιμο  
από το οξυγόνο;















## **AIR**

Pg. 1: No trash in the waters and beaches of Greece

Pg. 3: Is there anything more precious than oxygen? – We take oxygen for granted, how wrong! – Tramountana, Siroko, Levante, Ostris and Garbis, our winds. Isn't it poetic?



# LOFT

-Ísland

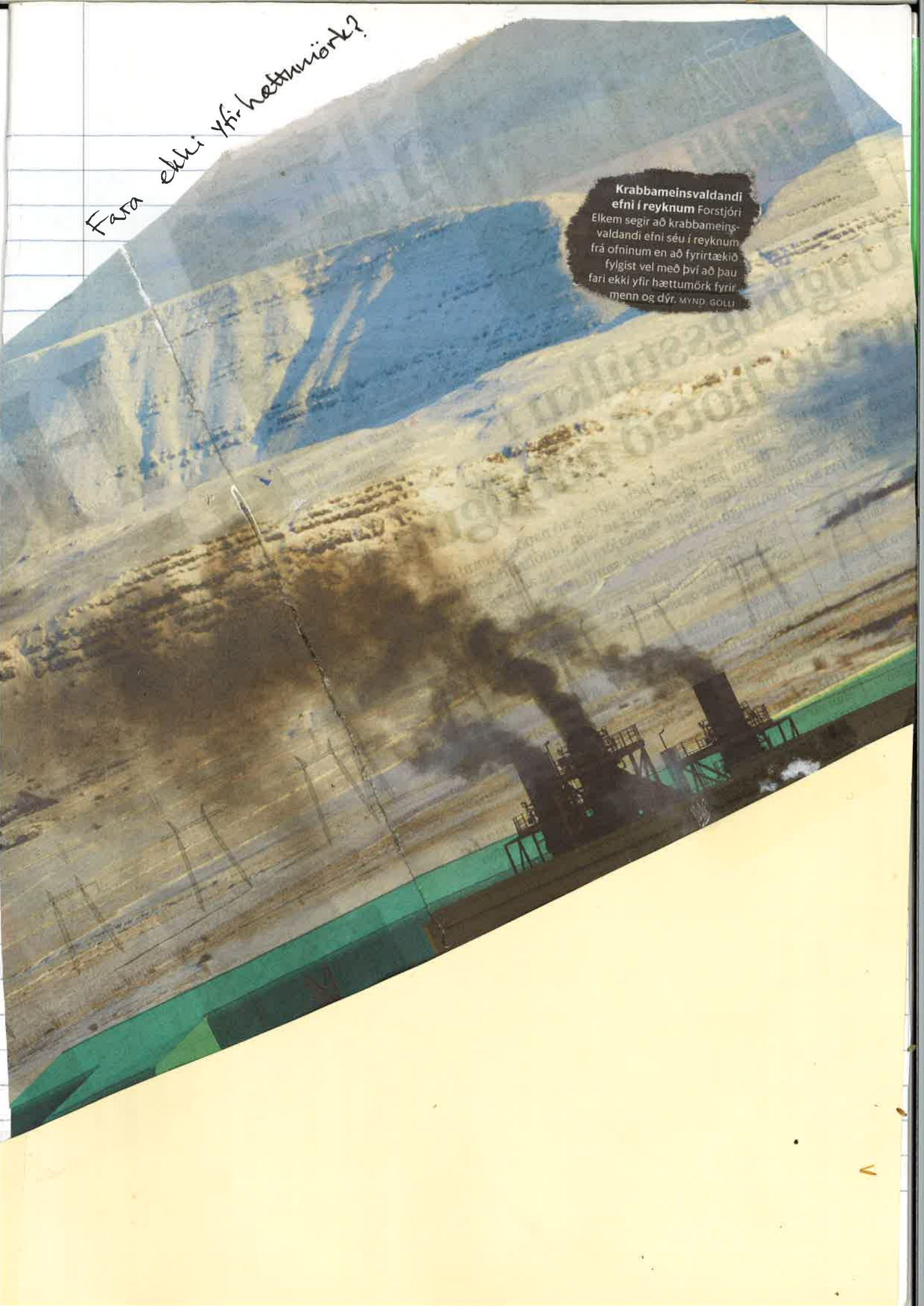


Hversu hreint  
er  
hreint er  
hreint loft  
í dag?



Fara ekki yfir hættumörk?

**Krabbameinsvaldandi efni í reyknum** Forstjóri Elkem segir að krabbameinsvaldandi efni séu í reyknum frá ofninum en að fyrirtækið fylgist vel með því að þau fari ekki yfir hættumörk fyrir menn og dýr. MYND: GOLLI





# Frisbíggolf á Borgarfirði eystra

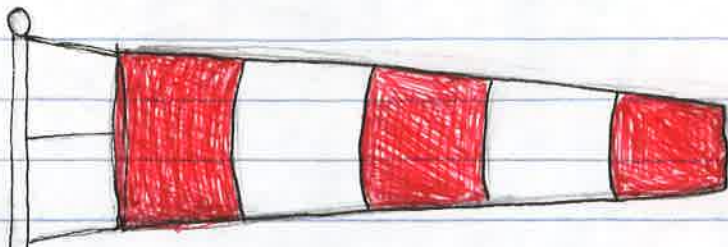
Anda inn...

... Anda út

Á fyrsta degi ársins höldum við frisbíggolfmót á Borgarfirði og þökkutum fyrir gott loftgæði í sveitinni. Svifryksmengun ríkur upp í kringum áramótin af völdum fugelda, sem hefur heilsuspillandi áhrif. Bildalek og uppspænt malbik er einnig stór uppspretta svifryks, árið um kring. Saman ættum við að reyna að finna lausn og draga úr þessum athöfnum sem yta undir svifryk.







Gróðurhúsalofttegundir  
eru t.d.  
 $H_2O$   $CO_2$

Sum mengunarefni í  
loftinu eru langt að  
koma og berast með  
vindinum

$N_2O$   $CH_4$   $O_3$   
 $SF_6$   $NF_3$   
o.fl.

Loftgæði eru vöktuð í  
borgum og í kringum stærarverksmiðjur



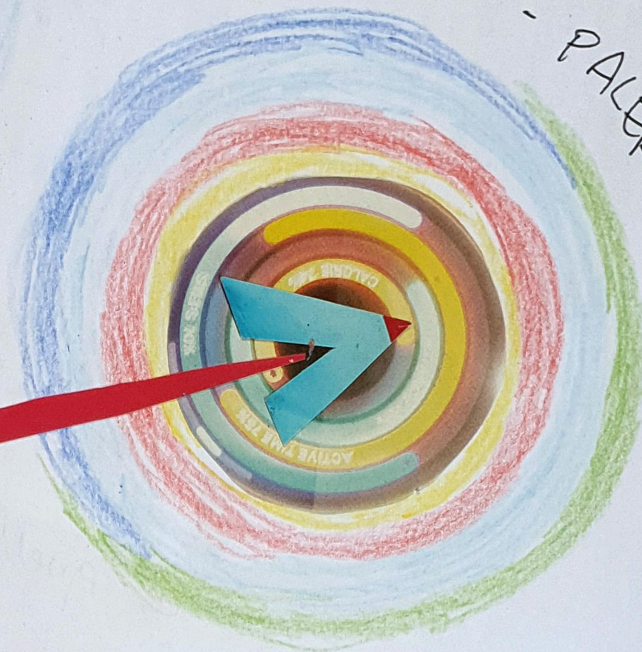
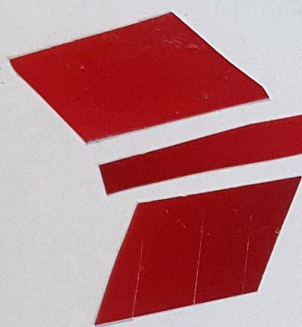
Ratleikur



1. **Air - Iceland**
2. How clean is clean air nowadays?
3. Don't exceed the limit.
4. The CEO of Elkem mentions cancerous toxins in the smoke from the oven but assures that the company is monitoring it closely to ensure it remains within safe limits for both animals and humans.
5. Frisbee golf at Borgarfjörður Eystri Breathe in – Breathe out. On the first day of the year, we hosted a frisbee golf tournament at Borgarfjörður and appreciated the good air quality in the countryside. However, there is considerable air pollution, particularly around New Year's due to fireworks. Factors like tire wear and concrete degradation contribute to year-round air quality issues. Collaboratively, we need to devise solutions to mitigate air pollution.
6. **Greenhouse gases:** H<sub>2</sub>O, CO<sub>2</sub>, N<sub>2</sub>O, CH<sub>4</sub>, O<sub>3</sub>, SF<sub>6</sub>, NF<sub>3</sub>, and more.
7. Some of these chemicals are carried here by wind from distant locations.
8. Air quality is monitored in cities and near industrial facilities.
9. Orienteering



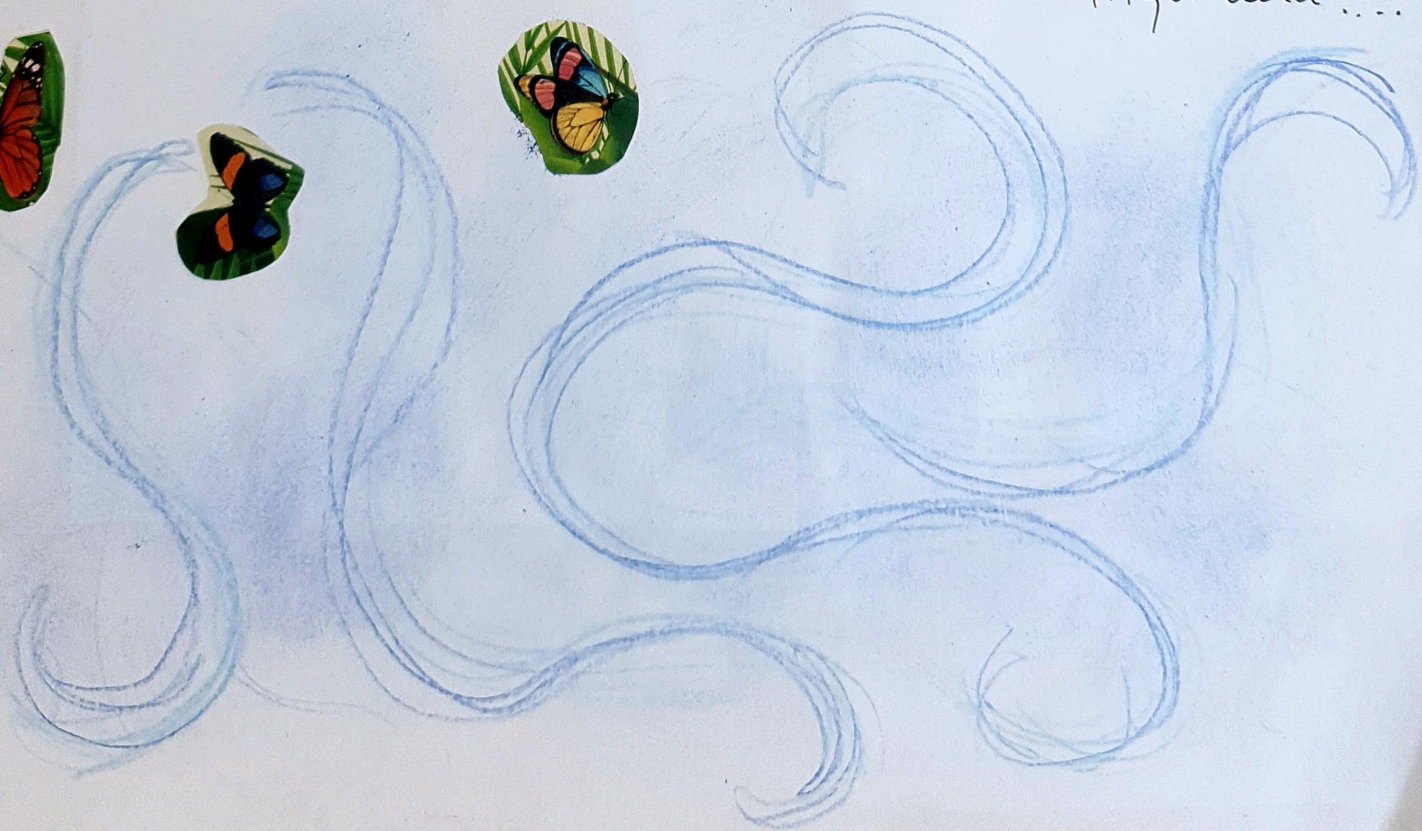
AIR - PALERMO - ITALY



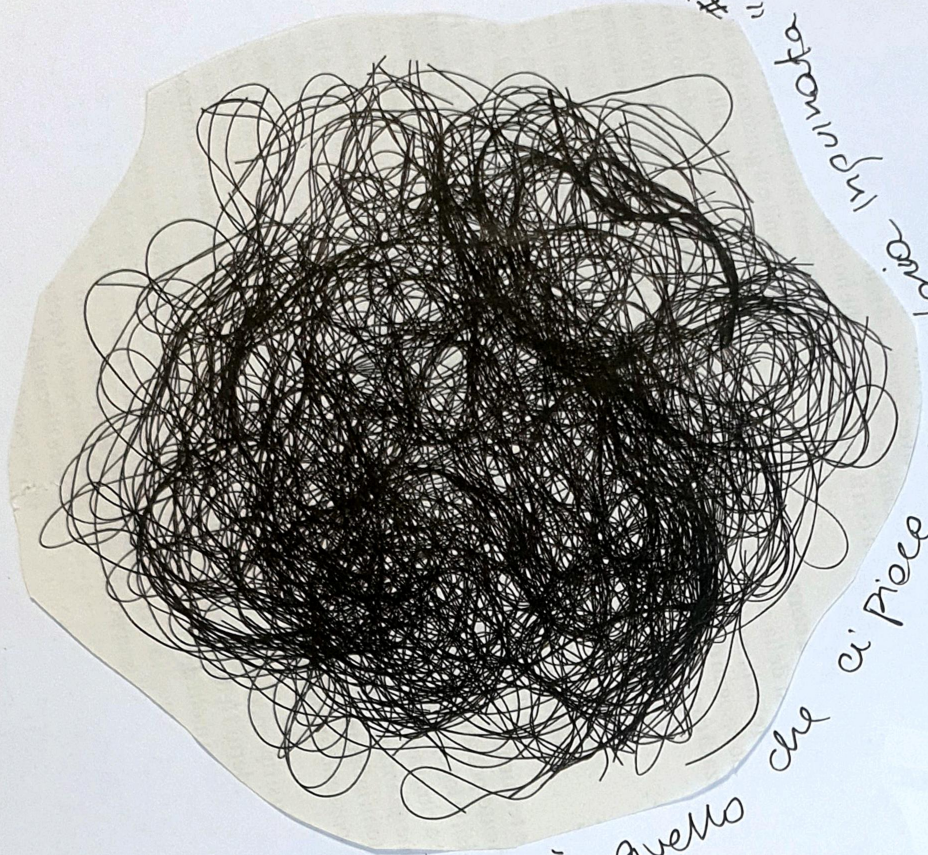
"Le frecce s'invertono  
l'aria pulita perché siamo  
nella natura" #1



"In città l'aria  
è sporca e  
inquinata" #2







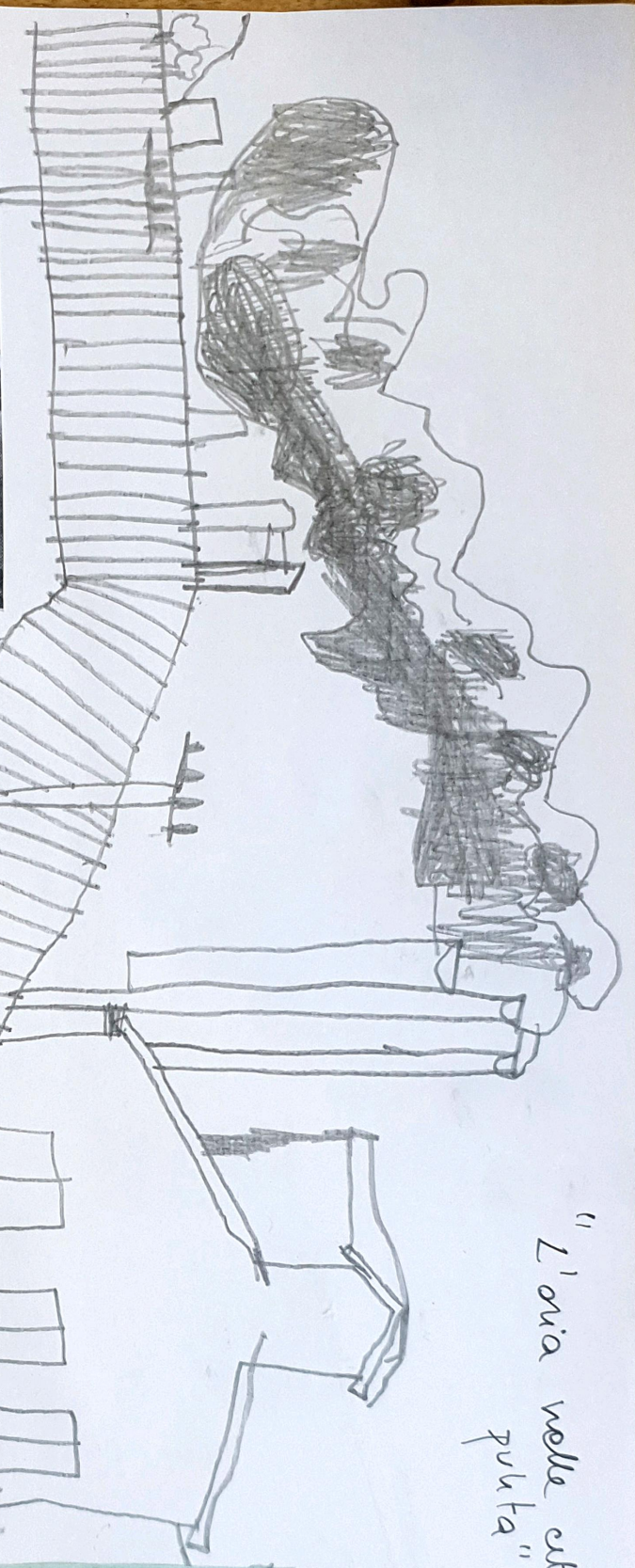
## "spontanei amore"  
"non è quello che ci piace avere"

IM NATURA FARE SPORT E' PIU' BELLO!

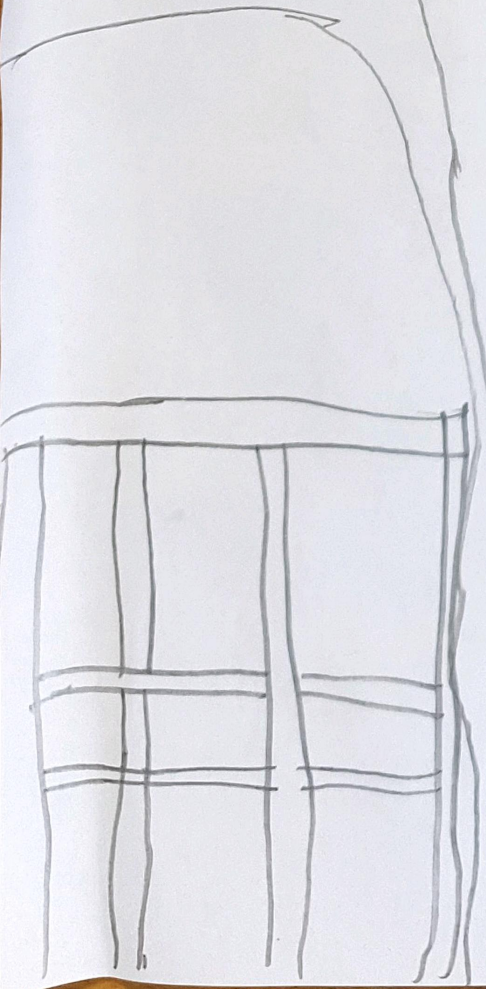




Donks



"L'avia nelle città non è  
putta" c.







SLACK LINE





Handwritten text, possibly a name or date, in light blue ink.

Large, stylized green text at the bottom of the page, possibly a title or a decorative element.

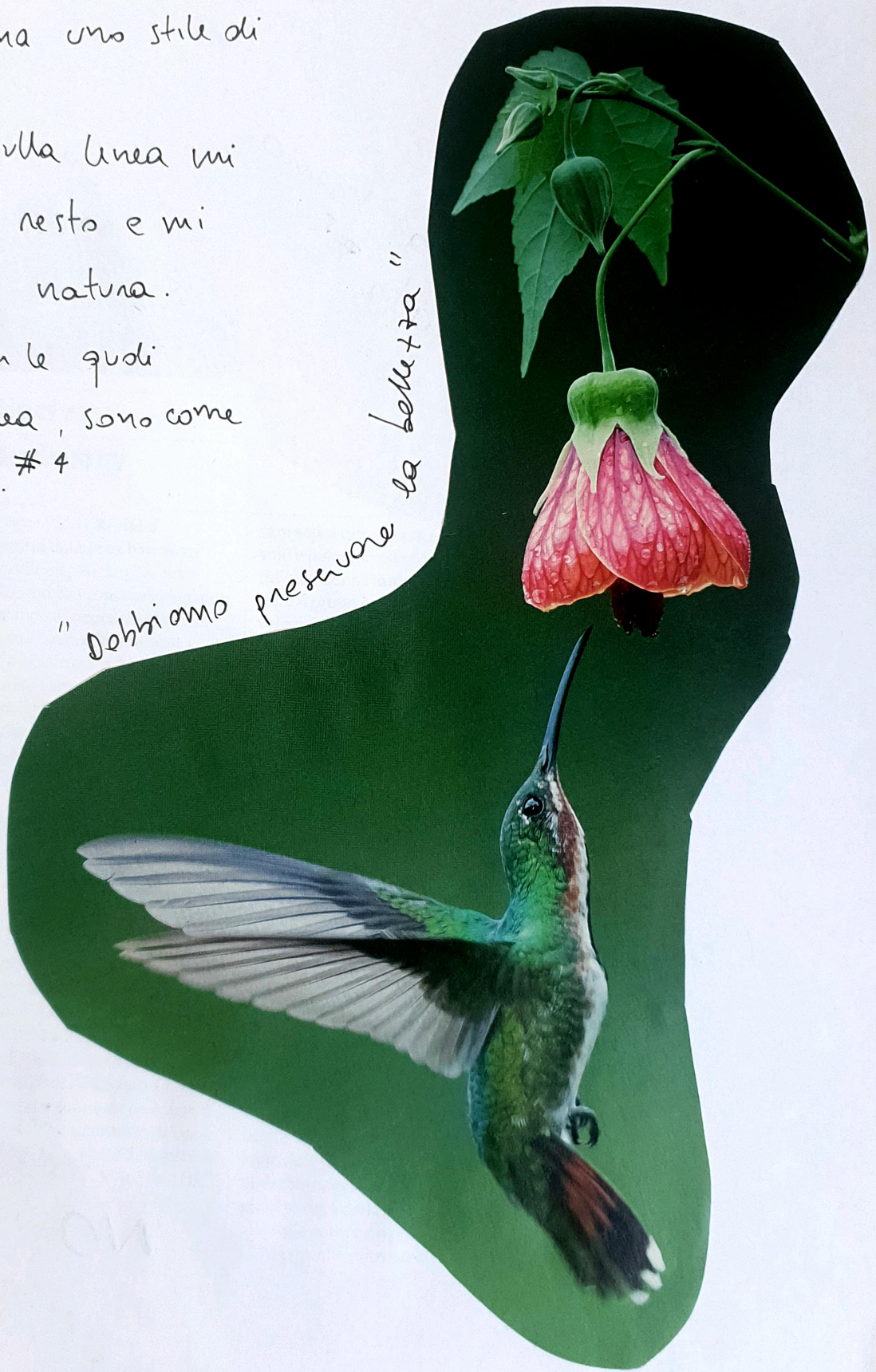


" La slack line non è solo  
uno sport, ma uno stile di  
vita.

Quando sono sulla linea mi  
dimentico del resto e mi  
immergo nella natura.

Le persone con le quali  
monto la linea, sono come  
una famiglia". #4

"Dobbiamo preservare la bellezza"





QUALI SONO LE SOLUZIONI ?

Mobilità sostenibile  
per avere l'aria meno  
inquinata. #5



NO OIL



#1 - Arrows go through clean air because we are in nature

#2 - In the city, the air is dirty and polluted

#3 - It is not what we like to have polluted air

#4 - The slack line is not just a sport, but a way of life. When I am on the line i forget about the rest and immerse myself in nature. The people I experience the line with are like family.

#5 - What are the solutions? Sustainable mobility for less polluted air



SLOVENIJA, MISLINJA

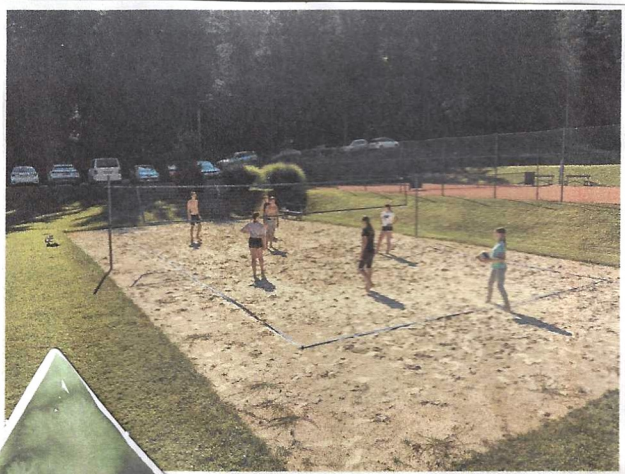


ELEMENT ZRAK®



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IN THE COUNTRYSIDE





*Full lungs of mountain or sea air  
restore your energy.*



EVERYWHERE I GO,  
I FIND SOMETHING  
BEAUTIFUL



## IN CONTACT WITH NATURE



**1** **Tadej Pogacar**  
*cyclist, multiple  
winner of the Tour de France and  
Olympic medallist*



### HOLIDAY OF SPORTS CULTURE

To mark the first Slovenian Olympic medal, 23<sup>rd</sup> September was declared Slovenian Sports Day. This national holiday, which Slovenia was among the first countries in the world to introduce, promotes physical activity of all citizens.



# HIKING ♥

2

NA DOGODKU SEM IZVEDELA, DA JE DEL GREEN LEAGUE PROJEKTA NE LE OZAVEŠČANJE JAVNOSTI O NEGATIVNEM VPLIVU, KI GA IMAMO LJUDJE NA OKOLJE, TEMVEČ TUDI OZAVEŠČANJE O REŠITVAH - NAČINIH, KAKO LAHKO IZBO- LJŠAMO SITUACIJO, V KATERI SMO SE ZNAŠLI. IN TO JE TISTO, KAR NAJBOLJ POTRE- BUJEMO. REŠITVE.



Together we can do what we can never do alone.



Jezero, kjer je potekal dogodek. 3




View of the Vipava Valley from Mt Nanos





4



ONESNAŽE-  
VANJE ZRA-  
KA JE  
POSTAL VELIK  
PROBLEM.

LET'S  
BE  
F-AIR



OUTDOOR ACTIVITIES

5

VOJENJA S  
KOLESOM  
JE NARAVI  
PRIJAZNA





- ① Slovenia, Mislinja - Element AIR
- ② At the event I learned that part of the Green League project isn't just about raising public awareness of the negative impact humans have on the environment, but also about promoting awareness of solutions - ways in which we can improve the situation we find ourselves in. And that's precisely what we need most: solutions.
- ③ Lake where the event was happening.
- ④ Air pollution has become a great problem.
- ⑤ Cycling is environmentally friendly.





# GREEN LEAGUE

Sport Alliance for the Environment



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